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2025 YMCA ForeverWell Games to be Held June 18-21

Events celebrate athleticism and community spirit geared toward adults age 50+.

RAPID CITY, SD JUNE 3, 2025 – The Rapid City YMCA is pleased to host the 2nd annual YMCA ForeverWell Games (formerly Senior Games) June 18-21, 2025. The ForeverWell Games invites individuals aged 50+ from across the Black Hills to participate in a wide range of events to celebrate athleticism, mental ability and camaraderie. "The Y is thrilled to again host the YMCA ForeverWell Games," states Augustin Caraza, Branch Manager Liberty Center YMCA. "We love hosting this event, as it directly impacts healthy living within our communities."

Registration should be made in advance, but a limited number of walk up registrations for individual events can be made in person.

ForeverWell Schedule of Events:

Wednesday, June 18: Outdoor Campus West Archery Range (4130 Adventure Trail, Rapid City, SD 57702)

- Archery - 900 Round competition, with 30 arrows shot at 60, 50, and 40 yards. Participants must provide their own bow and arrows.

Friday, June 20: Rapid City YMCA (815 Kansas City St, Rapid City, SD 57701)

- Swimming
- Chess & Cribbage
- Pickleball Doubles

Saturday, June 2021 Liberty Center YMCA (401 Main St, Box Elder, SD 57719)

- Track and Field Events
- Basketball Skills
- Spelling Bee

The 2025 ForeverWell Games are proudly sponsored by South Dakota Senior Insurance Agency, Haugo Broadcasting, Inc. and Scheels.

Questions? Please contact the Y at 605-791-0400/605-718-9622, via email to events@rcymca.org or visit <https://rcymca.org/news-events/>

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About the Rapid City Y

Driven by its founding mission, the YMCA of Rapid City has served as a leading nonprofit committed to strengthening community for more than 76 years. The Y empowers everyone, no matter who they are or where they're from, by ensuring access to resources, relationships and opportunities for all to learn, grow and thrive. By bringing together people from different backgrounds, perspectives and generations, the Y's goal is to improve overall health and well-being, ignite youth empowerment and demonstrate the importance of connections in and across 10,000 communities nationwide. Learn more at rcymca.org