



YMCA of Rapid City
8-Lane Pool
4/27/24 - 5/31/24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	Open Lap Swim 5:00AM - 6:00PM	Open Exercise Lap Swim 5:00 AM - 7:00 PM	Open Lap Swim 5:00AM - 6:00PM	Open Exercise Lap Swim 5:00AM - 7:00PM	Open Exercise Lap Swim 5:00AM - 6:00PM		
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM						Lap Swim 7AM - 2PM	
8:00 AM							
8:30 AM	Aqua Rock 8:30 - 9:30am		Aqua Rock 8:30 - 9:30am			Master Swim 8:00-9:00am	
9:00 AM							
9:30 AM						Swimming Lessons 9:00-10:30am	
10:00 AM							Open Exercise Lap Swim 10:00AM - 1:30PM
10:30 AM							
11:00 AM					Open Exercise Lap Swim 5:00AM - 6:00PM		
11:30 AM							
12:00 PM						Open Exercise Lap Swim 7:00AM - 2:00PM	
12:30 PM							
1:00 PM							
1:30 PM			5:00AM - 6:00PM Open Exercise Lap Swim				
2:00 PM	5:00AM - 7:30PM Open Exercise Lap Swim						
2:30 PM							
3:00 PM							
3:30 PM		Swimming Lessons 3:30 - 5:00pm		Swimming Lessons 3:30 - 5:00pm			
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM		Lap Swim 5:00AM - 7:00PM		Lap Swim 5:00AM - 7:00PM			
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

Schedule subject to change without notice.

Please follow all posted pool rules, these rules are in place for the safety of our members and guests.

Anyone not abiding by the rules may be asked to leave.



YMCA of Rapid City
 Family Pool
 4/27/24 - 5/31/24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM	Closed					Closed	Closed	
5:30 AM								
6:00 AM								
6:30AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM								
9:00 AM								
9:30 AM								
10:00 AM			Range of Motion Class 10:00-11:00am		Range of Motion Class 10:00-11:00am			Homeschool PE 10:00 - 11:00am
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM			Homeschool Swimming Lessons 11:30 am - 12:15pm	Open Swim 12:30PM - 3:30PM	Homeschool Swimming Lessons 11:30 am - 12:15pm			
12:30 PM								
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM					Open Swim 3:00PM - 6:00PM			
4:30 PM								
5:00 PM		Open Swim 5:00PM - 6:30PM		Open Swim 5:00PM - 6:30PM				
5:30 PM								
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								

Schedule subject to change without notice.

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