



# YMCA of Rapid City

## 8-Lane Pool

### 3/18/24 - 4/30/24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM								
5:30 AM								
6:00 AM	5:00AM - 7:30PM Open Exercise Lap Swim		5:00AM - 6:00PM Open Exercise Lap Swim					
6:30 AM								
7:00 AM							Open Exercise Lap Swim	
7:30 AM				5:00 AM - 7:00 PM Open Exercise Lap Swim		5:00AM - 7:00PM Open Exercise Lap Swim		
8:00 AM						Master Swim		
8:30 AM	Aqua Rock		Aqua Rock					
9:00 AM						Youth Swimming Lessons		
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM					5:00AM - 6:00PM Open Exercise Lap Swim			
11:30 AM		Homeschool Swimming Lessons		Homeschool Swimming Lessons			10:00AM - 1:30PM Open Exercise Lap Swim	
12:00 PM						7:00AM - 2:00PM Open Exercise Lap Swim		
12:30 PM								
1:00 PM			5:00AM - 6:00PM Open Exercise Lap Swim					
1:30 PM								
2:00 PM	5:00AM - 7:30PM Open Exercise Lap Swim	Zion 2:00PM - 2:45PM						
2:30 PM								
3:00 PM								
3:30 PM			Youth Swimming Lessons		Youth Swimming Lessons			
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM		5:00AM - 7:00PM Open Exercise Lap Swim		5:00AM - 7:00PM Open Exercise Lap Swim				
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								

Schedule subject to change without notice.  
 Please follow all posted pool rules, these rules are in place for the safety of our members and guests.  
 Anyone not abiding by the rules may be asked to leave.



## YMCA of Rapid City Family Pool 3/18/24 - 4/30/24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM								
5:30 AM								
6:00 AM								
6:30AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM						Preschool Swimming Lessons		
9:00 AM								
9:30 AM								
10:00 AM		Range of Motion Class		Range of Motion Class	Homeschool PE			
10:30 AM								
11:00 AM					Preschool Swimming Lessons		Open Swim 11:00AM - 1:30PM	
11:30 AM								
12:00 PM						Open Swim 12:00PM - 2:00PM		
12:30 PM			Open Swim 12:30PM - 3:30PM					
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM					Open Swim 3:00PM - 6:00PM			
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM		Open Swim 5:00PM - 6:30PM		Open Swim 5:00PM - 6:30PM				
5:30 PM								
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								

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